

# = STAR ACADEMY =

# = APRIL LUNCH PROGRAM =

\*\*\*Fruit of the Day is a choice of seasonal fruits. Options include; Watermelon, Cantaloupe, Canary Melon, Honeydew, Strawberries, Blueberries, Blackberries, Seasonal Grapes, Oranges, Apples, Pears, Bananas, Kiwi\*\*\*

### = WEEK 1 =

#### Monday

Greek Style Chicken, Rice Pilaf, Mediteranian Veggies & Tzatziki, Fruit of the Day\*

#### Tuesday

Creamy Penne Alfredo, Turkey Sausage, Sautéed Spinach, Fruit of the Day\*

#### Wednesday

Ham & Cheese Croissant, Fresh Seasonal Veggies with Hummus Dip, Fruit of the Day\*

### Thursday

French Toast Dippers, Veggie Fritatta, Corn beef hash, Yogurt & Berries\*

### = WEEK 2 =

#### Tuesday

Vegetable Lasagna, Herb Roasted Chicken, Fruit of the Day\*

#### Wednesday

Stracciatella Meatball Soup, Cheese Quesadilla, Fruit of the Day\*

### **Thursday**

Pierogies, Pork Schnitzel, Steamed Veggies, Fruit of the Day\*

#### = Week 3 =

#### Monday

Poke Bowl with the fixings (bed of Jasmine Rice, Shrimp, Carrots, Cucumber, Shredded Red Cabbage, Edamame, Pickled Ginger) Fruit of the Day\*

## Tuesday

Bowtie Pesto, Chicken Schnitzel, Seasonal Roasted Veggies, Fruit of the Day \*

### Wednesday

Mini Cheese Burger Sliders, Seasonal Veggies with Ranch Dip, Fruit of the Day

#### Thursday

Plated Breakfest Plate (English Muffin, Baked Eggs, Hashbrown, Bacon) Yogurt with Granola & Banana \*

# Week 4 =

### Monday

Parmesan Orzo, Beef Stroganoff, Green Beans & Peppers, Fruit of the Day\*

## **Tuesday**

Tortellini Alla Bolognese, Steamed Vegetables, Fruit of the Day\*

# Wednesday

Chicken Noodle Soup, Cream Cheese Bagel, Fruit of the Day\*

# Thursday

Pierogies, Pulled Pork, Roasted Squash, Fruit of the Day\*