

semplicita

FOODS & EVENTS

== STAR ACADEMY ==

== JULY LUNCH PROGRAM ==

Fruit of the Day is a choice of seasonal fruits. Options include; Watermelon, Cantaloupe, Canary Melon, Honeydew, Strawberries, Blueberries, Blackberries, Seasonal Grapes, Oranges, Apples, Pears, Bananas, Kiwi

== WEEK 1 ==

Monday

Greek Style Chicken, Rice Pilaf, Mediteranian Veggies & Tzatziki, Fruit of the Day*

Tuesday

Creamy Penne Alfredo, Turkey Sausage, Sautéed Spinach, Fruit of the Day*

Wednesday

Ham & Cheese Croissant, Fresh Seasonal Veggies with Hummus Dip, Fruit of the Day*

Thursday

French Toast Dippers, Veggie Frittata, Corn beef hash, Yogurt & Berries*

== WEEK 2 ==

Tuesday

Vegetable Lasagna, Herb Roasted Chicken, Fruit of the Day*

Wednesday

Stracciatella Meatball Soup, Cheese Quesadilla, Fruit of the Day*

Thursday

Pierogies, Pork Schnitzel, Steamed Veggies, Fruit of the Day*

== Week 3 ==

Monday

Poke Bowl with the fixings (bed of Jasmine Rice, Shrimp, Carrots, Cucumber, Shredded Red Cabbage, Edamame, Pickled Ginger) Fruit of the Day*

Tuesday

Bowtie Pesto, Chicken Schnitzel, Seasonal Roasted Veggies, Fruit of the Day *

Wednesday

Mini Cheese Burger Sliders, Seasonal Veggies with Ranch Dip, Fruit of the Day

Thursday

Plated Breakfast Plate (English Muffin, Baked Eggs, Hashbrown, Bacon) Yogurt with Granola & Banana *